

## **EVERYDAY**

## TERMS and CONDITIONS

Everything you need to know about your health cash plan



# THINGS TO REMEMBER WHEN making a claim...

- You must fully complete and sign a claim form and send it to us with original receipts. You may submit claims online by visiting ukhealthcare.org.uk and following the simple steps provided.
- The receipt must include your name and be submitted within three months of the date of any treatment.
- Pre-existing conditions are not permissible with the exception of dental and optical
- Make sure that you check the length of your qualifying period before claiming
- Check that you have sufficient level of benefit remaining before submitting a claim



If in doubt, call us on 01204 522775

## General terms and conditions

## Welcome to UK Healthcare (the trading name of Bolton & District Hospital Saturday Council)

We've tried to make this plan as simple to understand as possible. Please take time to read this document carefully and keep it safe for future reference. This plan is contractually binding whether or not you have signed the application form or any other document.

Insured persons are covered for the benefits shown in the plan schedule of cover, which in turn are governed by the following plan wording.

## **Joining UK Healthcare**

Anyone aged 16 to 70 can join UK Healthcare and can use the plan for as long as they wish. You will not be required to have a medical to join our scheme.

The only exclusion on joining UK
Healthcare is that any pre-existing
medical condition will not be covered.
This does not apply to dental cover or
optical cover. Your qualifying period
commences from the date of approving
your application. You can upgrade your
level of cover once every year during the
lifetime of the policy. Downgrades are not
normally allowed.

#### **Premiums**

Payments are made in advance on a rolling basis and are non-refundable. For a claim to be honoured your payments must be fully up to date. Should payment fall into arrears we reserve the right to refuse your claim, even if the treatment date was before the date of arrears. Occasionally it will be necessary for us to increase the premium, alter the benefits available or amend the rules relating to your plan. If this happens you will receive one-month notice in writing. Notifications of address changes are your responsibility and we cannot be held responsible for any correspondence failing to reach you. We will notify you if legislation which is outside of our control (e.g. Insurance Premium Tax) results in any change to your payments.

Once your policy has been operating for 13 weeks you can upgrade to a higher level. You can only do this once a year. You can only do this once a year and you will find information on how to do this at www.ukhealthcare.org.uk or by calling 01204 522775. The level of cover you have chosen sets the premium that is payable by you. All new customers will be required to make their payments by Direct Debit and pay in advance. We may request your first payment by debit or credit card. It is your responsibility to keep us informed of any change in bank details where you require us to pay claims.

## When you can start claiming

You will be able to claim benefits 13 weeks after we receive your first payment, unless you have joined through your employer where a different qualifying period may apply. If you upgrade your cover you will not be eligible to claim at the higher benefit rate for 13 weeks. For all benefits in respect of pregnancy the qualifying period is 52 weeks from joining.

#### How to make a claim

Every claim must be accompanied by a fully completed claim form and will be paid in full at 100% of the claim, subject to the appropriate plan limit.

You may submit your claim online by visiting **ukhealthcare.org.uk** and following the simple steps provided. You can also download a claim form from our website, or ring 01204 522775 to request one.

The following criteria must be applied on submitting a claim:

- Original receipts are required if posting claims to UK Healthcare.
   Should your claim be submitted online we reserve, at our discretion, the right to request original receipts on processing your claim
- Amended or altered receipts will result in a claim being rejected and may ultimately result in your plan being cancelled
- The receipt must be in the name of the person claiming
- Details of the treatment must be outlined
- Details of the practitioner performing the treatment must be provided
- All claims must be submitted within three months of the treatment date as shown on the receipt otherwise they will be ineligible for consideration

For prescription claims we require a Form FP57 which is available from the chemist where you collect your prescription. If this is unavailable we will require a receipt from the chemist and the corresponding prescription label which must include the patient's name, date prescription provided and details of the drug.

For hospital claims, completion of a separate claim form is required, which must be signed and endorsed by the relevant hospital. Hospital claims cannot be made online.

Payments will always be made to the plan holder.

We have the right to request a medical report to validate any claim. We promise to adhere to the Access to Medical Records Act 1988 and Personal Files and Medical Reports (Northern Ireland) Order 1991 should such information be requested. We also reserve the right to request a second opinion for any claim. We will accept the costs incurred should such action be taken. This may result in an appointment with a healthcare professional of our choice. Failure to attend this appointment may result in your claim being refused.

On occasion it may also be necessary for us to request a medical declaration from your GP or other medical practitioner. You must pay all costs related to obtaining this report. Payments made outside of the UK will be honoured at the current exchange rate on the date that the claim is paid. All payments will be made in pounds sterling with the exchange rate used being made in that country's official currency. We will not pay any claim in advance of any treatment being received.

## What you can't claim for

Should you upgrade your cover, any medical condition in existence prior to the upgrade will only be covered at the original level of cover.

- Any condition/illness that was in existence prior to the policy commencing (excluding dental or optical)
- Should you upgrade your cover any medical condition prior to the upgrade can only be covered at the original level of cover
- Any treatment in respect of a nonmedical condition
- Any medical advice or treatment you received prior to joining
- Any type of missed appointment
- Any claims that arise as a result of self-injury or abuse
- We do not cover prepaid prescription certificates
- Activities related to hazardous sports injuries. A full list of these is available on request
- Examinations at a medical centre
- GP fees for private treatment
- Pregnancy terminations, contraceptives or gender reassignment operations
- Cosmetic surgery
- Drug, alcohol or solvent abuse

## **Maximum payments**

All benefit payments are provided in respect of a twelve month period. Each individual benefit period begins on the date of the first treatment, goods purchased or service that you have received. Each claim for a different treatment starts a new commencement period for that particular benefit. After each benefit period has expired the next benefit period will commence on the date of the next hospital admission or receipted claim request. Should you be charged by a doctor or practitioner for completing any claim such costs will be at your expense.

## **Overpayment**

Should any overpayment of benefit be paid by our underwriter the amount in question must be reimbursed.

### Children

You can include up to four of your children or those of your partner up to their 24th birthday, provided they are in full time education. Should they not be in full time education cover will cease on their eighteenth birthday. UK Healthcare will request proof of educational status for any child over 18.

Only biological and adopted children are covered and we may request original birth certificates at the time of application.

Adopted children are only eligible if they were adopted when under 3 years old.

Claims for dependant children can be made by either contributing parent or guardian but not both. Should you wish to add an additional child to the plan we will require such a request in writing. Unless we have received written notification no benefits will be payable.

## Medical Practitioners, Consultants and Specialists

Claims will only be paid if the person providing your treatment or care is a qualified practitioner who meets the following criteria. They must be (depending on their field):

- Named on the register of specialists maintained by the General Medical Council and/or Dental Council
- In a position of substantive appointment in a National Health Service Hospital or Armed Service (locums are excluded)
- In possession of a certificate of Completion of Training from the Royal College of Nursing
- A qualified dental practitioner
- A qualified optician or ophthalmic surgeon
- Registered with the Health Professionals Council
- Registered with the British Acupuncture Council or The Modern Acupuncture Association or British Medical Acupuncture Society
- Registered with the General Chiropractic Council
- Registered with the General Osteopathic Council
- Registered with The Faculty of Homeopathy or The Society of Homeopaths or the Alliance of registered Homeopaths BTEC qualified
- Registered with ITEC, FHT or CNCH
- Registered with MCSP or SRP

## **Leaving us**

You can cancel your plan by giving us and your employer one-month notice. We will not refund any premiums paid and we reserve the right to prevent individuals from joining again for three years from the date of termination. If you or anyone paying premiums on your behalf misses two consecutive monthly payments we will immediately terminate the agreement. We reserve the right to cancel your plan at our discretion by providing one month's written notice, and without giving reason. If we suspect any claim is fraudulent we reserve the right to cancel your policy with immediate effect without giving reason. We reserve the right to refuse cover or an upgrade to a higher level scheme again without giving a reason.

UK Healthcare may cancel your plan with immediate effect if we think that you have:

- Broken our rules
- Failed to act in the utmost good faith, which includes:
  - Repeatedly making claims that threaten our financial wellbeing
  - Deliberately providing false or misleading information
  - Behaving in a threatening or abusive way towards any member of our staff
  - Making a claim that is false misleading or exaggerated

#### **Fraudulent Claims**

If we are suspicious that a claim may be fraudulent we have rigorous anti-fraud measures in place. If proven, fraudulent claims may result in legal action against offenders and cancellation of the plan. Abuse of the plan in any other way may result in cancellation of the plan. We have the right to immediately suspend or cancel your plan and refuse to pay any monies requested. We always prosecute fraudulent claimants and look to recover any costs incurred as a result of action taken. Fraud is a criminal offence that can result in a fine or prison sentence. We monitor claims behaviour on all policies and may request an appointment with you to discuss your claims.

## **Our Privacy Promise**

We are committed to protecting the privacy of our users and customers whilst improving people's quality of life by enabling them to make healthier choices.

We believe in being open and up front with users and customers and have developed our Privacy Promise, a quick and simple summary explaining how we manage, share and look after your personal data.

We promise to collect, process, store and share your data safely and securely:

 You're always in control: Your privacy will be respected at all times and we will put you in control of your privacy with easy-to-use tools and clear choices.

- We work transparently: We will be transparent about the data we collect and how we use that data so that you can make fully informed choices and decisions.
- We operate securely: We will protect
  the data that you entrust to us via
  appropriate security measures and
  controls. We'll also ensure through the
  contracts we have in place, that other
  businesses we work with are just as
  careful with your data.
- For your benefit: When we do process your data, we will use it to benefit you and to make your experience better and to improve our products and services.

If you'd like to know more, please read our detailed Privacy Policy available on our website.

If you need to speak to us in relation to how your personal data is processed please feel free to contact our Data Protection Officer, whose details are provided below:

Email: dpo@westfieldhealth.com

Post: Data Protection Officer
Westfield Health
Westfield House
60 Charter Row
Sheffield

**S13FZ** 

## **Complaints procedure**

Our aim is to provide you with a great customer experience. If you are unhappy with any aspect of our service send full details of your complaint to the Customer Service Manager at:

## info@ukhealthcare.org.uk

We will acknowledge your complaint as soon as reasonably practicable, if possible we will agree a resolution with you within three working days, otherwise we will investigate and you will receive our final response within a maximum period of eight weeks.

If you are dissatisfied with our response you may refer your complaint to the Financial Ombudsman Service free of charge at Exchange Tower, London E14 9SR or by visiting financial-ombudsman. org.uk where you will find more information or you can call them on 0800 023 4567. The Financial Ombudsman Service is our alternative dispute resolution provider.

## **Changing your mind**

You have 14 days from receipt of your membership certificate to cancel your plan. Your employer will receive a refund of any premiums paid within this period only. If you have upgraded your cover and paid for cover you will also be entitled to a refund within the first 14 days. Either email us at <code>info@ukhealthcare.org.uk</code> or call our customer services team on <code>01204522775</code>.

#### **Financial Services**

## **Compensation Scheme**

In the unlikely event of us being unable to meet our financial obligations you can claim compensation from this scheme. You can find further details at fscs.org.uk/consumer or contact them on 0800 678 1100.

UK Healthcare is the trading style of Bolton & District Hospital Saturday Council who is responsible for the administration and payment of claims.

## YOUR BENEFITS EXPLAINED

## **Dental (NHS & private)**

#### We cover:

- Dental treatment, check-ups, hygienist fees
- ✓ X-Rays
- ✓ Full or partial dentures
- ✓ Denture repairs
- ✓ Dental consultation fees

#### We don't cover:

- X Cosmetic dentistry
- X Non prescribed items and consumables
- **X** Dental maintenance schemes
- X Premiums paid to a dental care contract
- X Laboratory fees and dental technician fees

## **Optical**

#### We cover:

- Eye tests
- ✓ Prescribed spectacles, contact lenses
- ✓ Payments you make for prescription lenses, supplied under a monthly scheme, when you obtain an itemised receipt confirming payment has been made (to be submitted quarterly)
- ✓ Sunglasses with prescribed lenses
- ✓ Repairs
- ✓ Laser eye surgery
- Disposable contact lenses

## We don't cover:

- X Non prescribed spectacles or contact lenses
- X Optical sundry items / consumables
- X Spectacle contact lens insurance premiums
- X Part payment of prescriptions
- X Ophthalmic consultation fees
- X Off-the-shelf reading glasses

# Wellbeing (physiotherapy, osteopathy, chiropractic, acupuncture)

#### We don't cover:

- Any treatment provided by a practitioner not registered with the appropriate professional body
- X X-Rays and scans
- Appliances for lumbar support, books, flexiband, tape, ice or heat packs.

## **Specialist consultation**

#### We cover:

- Consultations as recommended by GP
- Diagnostic tests
- Pathological examinations
- Blood tests in relation to diagnostic consultation

#### We don't cover:

- X Cost of a referral
- X Treatment charges
- X Ambulance charges
- X Fees incurred other than during illness

- X Dietician or nutritional services
- X Visits to GPs or clinics
- X Operation fees
- Investigative charges: CT scans / PET scans / MRI scans / ultrasounds
- X Anaesthetic fees
- X Speech therapy services
- X Biopsy
- Counselling services e.g. bereavement, psychiatric, psychological
- Assisted conception, fertility treatment or pregnancy care
- X Check ups including cancer remission
- X Fees for follow-up consultations

## **Health screening**

#### We cover:

- ✓ Well man/woman screening
- ✓ Osteoporosis screening
- ✓ Mammogram screening
- All screening that helps prevent an illness

#### We don't cover:

- X Home testing kits
- X Screening for employment services
- X Legal insurance or similar matters
- X X-Rays and blood tests not included in the full health screen

## **Staying in hospital**

We will pay for the period you are admitted to a recognised hospital at the appropriate nightly rate in accordance with the level of cover chosen. Cover will be provided for a maximum of 25 nights in a benefit year, and to a maximum of 50 nights in three consecutive benefit years, (the current year plus the two preceding years). A maximum of 25 nights for the duration of the policy will be provided for the same or related medical condition.

#### We cover:

- ✓ Maternity admission after 10 nights
- Immediate cover following an accident even if the qualifying period has not been met

#### We don't cover:

- X Respite care
- Nights when patients are allowed to leave hospital for any reason
- X Outpatient treatment
- X Attendance at A&E
- X Stays relating to a psychiatric condition

## Accompanying your child in hospital

#### We cover:

Any period of stay between one and 24 nights for one parent accompanying a child up to their 18th birthday who is covered by this plan.

#### We don't cover:

- X More than one accompanying parent
- X The post natal period after the birth
- X Another relative accompanying the child

## Hospital day case admission

#### We cover:

- ✓ When a customer has signed an admission form for admission to a day care ward for investigation or treatment of an acute or chronic medical condition where you experienced these conditions whilst a plan holder
- Up to 10 times in a benefit year to the maximum shown
- Outpatient treatments for radiotherapy, chemotherapy or oncology

### We don't cover:

- X Attending as a general outpatient
- X Casualty patients
- Maternity/geriatric/psychiatric/ hospice care
- X Cancelled operations
- X Pre-admission appointments
- X Respite care
- X Kidney dialysis
- X Treatment not carried out in a hospital

## **Complementary therapies**

All treatment received must be validated by a letter of referral from your GP

#### We cover:

- ✓ Remedial massage
- Homeopathy, reflexology and aromatherapy.

#### We don't cover:

X Sports massage, Indian head massage, Reiki, Alexander technique and Hopi ear candles

## **Chiropody / Podiatry**

#### We cover:

Any treatment that is the result of a medical condition that is carried out by a qualified practitioner

#### We don't cover:

- X Cosmetic pedicure
- X X-Rays
- Consumables: corn plasters/insoles/ dressings
- X Surgical or corrective footwear

## **Maternity, Paternity, Adoption**

#### We cover:

- The birth of each child
- ✓ Adopted children under the age of 3
- ✓ The birth of a stillborn child after 24 weeks

#### We don't cover:

- X A miscarriage up to 24 weeks
- X Foster children
- X Termination of pregnancy
- X Dependant children

## **Prescription charges**

#### We cover:

- ✓ Upon production of form FP57 (if unavailable a receipt plus the prescription label detailing your name, treatment and date will be accepted) up to 12 prescription charges in a benefit year dependent upon level of cover
- All items relating to a medical condition
- Prescriptions from a GP or dentist

#### We don't cover:

- X Annual prescription certificates
- Items not related to a medical condition e.g. holiday inoculations, fertility treatments, nicotine replacements, weight loss control unless medically prescribed

#### **Personal accident life cover**

If any insured person suffers death as result of a personal accident, benefits will be payable on a sliding scale in relation to the level of cover held. Our aim is to provide the broadest and most appropriate cover possible. However there are some limitations for which the following exclusions and limitations are applicable:

- X Attempting to commit suicide or intentionally inflicting self-injury
- Engaging in flying or other aerial activity except as a passenger

- X Participating in any hazardous sport. A full list of these is available upon request
- X Engaging in active service of any of the armed forces in any nation
- X Radioactive contamination
- Being in a state of insanity or any psychiatric, mental, or nervous disorder
- Deliberate exposure to exceptional danger (except in an attempt to save a human life)
- X Participation in a criminal act
- X Only payable on the event of death
- X Pregnancy or child birth

Should you require a claim form in respect of this benefit, please contact UK Healthcare on 01204 522775.

## Helplines - 0800 107 6585

The following services are provided by companies that are contracted to UK Healthcare. We reserve the right to change providers for these services without providing notice to you, unless there is a change to the service provided or contact details.

#### Scheme Number - 72740

All of the helplines are totally confidential. To use any of the services telephone 0800 107 6585, quote the scheme number (72740) and advise the service that you require:

## **Private Legal Advice**

Confidential legal advice on any personal legal problem such as, but not limited to, employment, consumer contract, landlord & tenant, property, probate and motoring, within the territorial limits of the United Kingdom, Channel Islands and the Isle of Man.

## **Telephone Counselling**

Support on issues such as bereavement, workplace issues, relationship issues, alcohol and drugs, depression and anxiety.

## **Health & Wellbeing Medical Helpline**

Information on supporting a healthy lifestyle, helping with fitness and general well being. The helpline can provide general medical advice and support, but is not a diagnostic service.

## Gym, spa and leisure benefits

You and your family covered will be eligible to join a health club convenient to you at the lowest membership rate available and take advantage of preferred rates on a variety of retail services. To take advantage of these discounts please visit our website at ukhealthcare.org.uk and enter passcode UKH.

#### **Worldwide cover**

The benefits of your plan apply to holidays and business trips abroad up to a maximum duration of 28 days. Any documentation submitted must be translated into English for us to process the claim.

Before we pay any claim we may ask for a copy of your travel documents. The benefits covered under this section are restricted to, dental (including accidents), optical, wellbeing, hospital In Patient and Hospital Day Case and Prescriptions. All other benefits provided within the Plan are excluded.

## **Governing Law**

The law of England and Wales applies to this contract. A person who is not party to this contract has no right under the Contracts (Rights of Third Parties) Act 1999 to enforce any terms of this plan.





**T** 01204 522775 **E** info@ukhealthcare.org.uk

## ukhealthcare.org.uk

This policy is sold and administered by UK Healthcare which is the trading name of Bolton and District Hospital Saturday Council which is an Appointed Representative of Westfield Contributory Health Scheme Ltd (company number 303523) registered in England and Wales. The registered address is Westfield House, 60 Charter Row, Sheffield S1 3FZ. Additionally Westfield Contributory Health Scheme Ltd is authorised by the Prudential Regulation Authority (PRA) and regulated by the Financial Conduct Authority (FCA) and the Prudential Regulation Authority. Details of this registration can be found by accessing the Financial Services Register online at either the PRA

or FCA websites or by contacting the PRA on 020 7601 4878 or the FCA on 0800 111 6768. The financial services registration number is 202609.

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